

Supper Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course 1	Battered Cod Bites	Hunters Pork	Chicken Balti & Naan Bread	Chicken Carbonara	Beefsteak Suet Crust Pie	THEME NIGHT Mexican	Roast Meats of the Day
Main Course 2	Roast Turkey & Stuffing	Chicken Stir Fry	BBQ Pork Ribs Roast Beef	Minted Lamb Steak	Chicken Pittas		Chef's Choice
Healthier Choice	Yakatori Chicken	Salmon Fillet Lemon Sauce	& Yorkshire	Turkey Kebabs	Cod Loin Parsley Sauce		
Vegetarian	Macaroni Cheese	Quorn Provençale	Spanish Frittata	Cheese & Potato Pie	Quorn Casserole & Dumplings		Quorn Wellington
Vegan	Vegetable Kebabs	Stuffed Peppers	Spicy Chick Pea Casserole	Sweet Potato Fritters	Falafel Balls Tomato Herbs		Stuffed Mushroom
Daily Fresh Vegetable Option	Farmhouse Vegetables Mangetout	Baton Carrots Savoy Cabbage	Cauliflower & Broccoli Peas & Sweetcorn	Macedoine Carrot & Swede Mash	Mixed Green Vegetables Ratatouille		Seasonal Vegetables
High in Fiber	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans		
Carbohydrate Choices	Steakhouse Fries Cous Cous Jacket Potato	Croquette Potatoes Egg Fried Rice Jacket Potato	White Rice Dauphinoise Potatoes Jacket Potato	Wedges Herby Diced Potatoes Jacket Potato	Cross Cut Fries Rosti Cakes Jacket Potato		Mashed and Roast Potatoes
Dessert	Caramel Toffee Doughnuts Fresh Fruit Salad	Forest Fruits Meringue & Fresh Cream Fresh Fruit Salad	Strawberry Mallow Mousse Fresh Fruit Salad	Sticky Toffee Pudding & Vanilla Sauce Fresh Fruit Salad	Mixed Berry Swirl Gateau & Cream Fresh Fruit Salad		Cold Assortment
Salad Bar Meat, Fish, Cheese, Egg	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound	An Assortment of Salad Pots and Compound
and Vegan	Salads	Salads	Salads	Salads	Salads	Salads	Salads